

News from...

Maryland Federation of Business & Professional Women (BPW/MD)

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**Business and Professional Women of Maryland
To Co-Host Leadership, Professional Development Course
Focusing on Workplace Success**

Stand Up and Speak Out!, a leadership course designed to help women succeed in today's workplace, will be held on October 23 to 25 at the Sheraton Rockville, located at 920 King Farm Blvd., Rockville, Maryland 20850.

Co-hosted by Business and Professional Women of Maryland (BPW/MD) and the BPW Foundation of Maryland, *Stand Up and Speak Out!* is a two day interactive, individual and professional development course that will help participants develop negotiating and interviewing skills, define career opportunities, objectives, mission and vision, and teach them how to be effective leaders. The course is open to BPW members and the public.

Instructors will be Nancy Jackson, a professional trainer who has led hundreds of programs in communication, leadership and personal development training, and Nancy Werner, an educator and trainer, who has extensive experience in teaching *Stand Up and Speak Out!*

Modeled after the Individual Development Program®, BPW/USA's seminar series in personal and professional leadership development, *Stand Up and Speak Out!* includes 15 modules that teach women how to leverage their skills in a competitive economy.

"We are thrilled to offer this leadership course to help women succeed in the workplace. With two dynamic facilitators, participants will have the opportunity to develop their skills in a supportive learning environment, and be ready to meet the challenges of this economy," said Program Chairman Alicia Newman.

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"Advocacy, education and information for working women."

Leadership, Professional Development Course

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Registration includes course materials, a Friday night networking reception, and breakfast and lunch on Saturday and Sunday. The cost for the full leadership course is \$165 for BPW members and \$190 for non-members, and \$25 for guests attending the reception only. The Friday evening reception from 6:30 to 9:30 p.m., which is also open to the public, will offer an opportunity for networking among the participants and instructors, as well as other working women. Attire throughout the weekend is business casual.

Registration must be postmarked by October 15. Seating is limited. Registration forms are available on line at www.bpwmaryland.org (click on “Calendar”) or by contacting program chairman, Alicia Newman at 410-451-5162 or leenew9577@aol.com.

Hotel accommodations are available at the Sheraton Rockville for a special rate of \$79 per night, single or double occupancy. Reservations are due by October 16 and should be made directly with the Sheraton at 800-325-3535 or 240-912-8200 and mention BPW/MD.

BPW promotes equity for all women in the workplace through advocacy, education, and information. Membership is open to women and men who support the mission of BPW. With members throughout the state, BPW/MD is the leading advocate for working women in Maryland.

For more information about BPW/MD, visit www.bpwmaryland.org or contact BPW/MD President Beverly Budd at 301-876-0525 or budd.bev@gmail.com.

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